<table>
<thead>
<tr>
<th><strong>Question</strong></th>
<th>What is the effectiveness of corticosteroids triamcinolone versus Depomedrone in CMC</th>
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</thead>
<tbody>
<tr>
<td><strong>Summary of evidence found</strong></td>
<td>I could not find any research or evidence examining the effectiveness of Depomedrone versus triamcinolone for CMC, and in fact could not find Depomedrone used as a treatment for this condition. I broadened the search to corticosteroids and there is some controversy and it appears they may not be effective.</td>
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</tbody>
</table>
| **Most useful information** | • Research in 2004 concluded that Intra –articular corticosteroid injection may be no better than placebo injections (DynaMed Summary and article 9)  
• Further research in 2016 also suggests that corticosteroids or hyaluronic acid may not be any more effective than a placebo (article 1)  
• In 2012 concluded that a variety of injectable therapies were effective, including corticosteroids (article 4)  
• In 2009 a study suggested that corticosteroid injections provided only short term pain relief (article 6) |
| **Additional information** | • In 2014 a study concluded that Hypertonic Dextrose was preferred to corticosteroids (article 3) |
| **Search strategy** | A search was conducted in  
- Healthcare Databases Embase, Medline and Cinahl  
- DynaMed  
- Evidence Search |
| **Enclosed** | Database results  
DynaMed summary |